

Bridgeville Athletic Association

P.O. Box 91
Bridgeville, PA 15017



www.bridgevilleball.com

HEADS-UP TRAINING (ONLINE INSTRUCTIONS)

- Using Web Browser - Navigate to <http://www.cdc.gov/concussion/HeadsUp/Training/>
- Enter your Name and CLICK **"SUBMIT"**
- CLICK the **"PLAY BUTTON"** to Watch each Video Lesson (1 thru 5) and Take Quizzes
- Complete the TEST at the end of the Video Course
- CLICK **"DOWNLOAD CERTIFICATE"**
- CLICK **"DOWNLOAD PDF"**
 - Select **"SAVE AS"** from the dropdown menu at the bottom of your screen
 - A New Window will Open so you can Choose a File Name and where to save it
- CLICK **"SAVE"**
- Print two hard copies (One for your Records and one for the BAA)
 - Submit one copy to:

Wendi Duffill

649 Gregg Avenue

Bridgeville, PA 15017

Phone: (412) 221-1995

Email: wduffill@bridgevilleball.com

- For additional information regarding Heads Up, Navigate to <http://www.cdc.gov/HeadsUp/>
- For questions regarding the CDC Heads Up Website, call 800-232-4636

HEADS UP CERTIFICATES MUST BE SENT TO THE BAA BY MARCH 11th, 2017